36th Al-Anon Adult Children Workshop

An Open Weekend for anyone whose lives have been affected by the family disease of alcoholism

The Miracle of Looking Within One Day at a Time May 2nd - 4th 2025



GREEN LAKE CONFERENCE CENTER(GLCC)
W2511 State Hwy 23
Green Lake, WI 54941

Main Speakers:

Lorena R — Elburn, IL Father Tom W — Oakland, CA Marielle S — Baraboo, WI



A Panel on "The Miracle of Looking Within One Day at a Time"
30+ Breakout Meetings! New this year "The No-Talent Talent Show"
Campfire, Movie, Meditation Room & much more!

Room & Meal Reservation: 920-294-3323

- Mention you are attending the "ACAFG Workshop" when booking your room.
- \$97.00 per Night (Single or Double) each additional person \$15 per night
- Friday Sunday 5 meal package \$74.25 per person (required with lodging)
- The First OR Last meal is optional. You must inform GLCC of meal choices.
- After registering, special dietary requests can be made at glcc.org/dining
- Meal Packages after April 18, 2025 incur an additional \$2 per meal charge
- GLCC cannot guarantee meals if you do not register by April 28, 2025



Register Early and Share this flyer at your meeting!!

Workshop Registration - Online at acafg.org or by mail

Registration fee is only for the cost of the Workshop: speakers,	Name:		
meetings, and social events.	Address:		
You are responsible for informing GLCC regarding any special needs.	Address		
Cancellations less than 30 days before event may not receive a refund.	City/State/Zip:		
For those not staying at GLCC, there is a \$7 per day facility charge.	Phone:		
Service Opportunities:			
☐ Lead A Meeting, (Read Script & 3-5 Minute Share)	Email:		
List Your Top Choices (see schedule on back of flyer):			
1	\$35 Early Registration – Postmarke		

List Your Top Choices (see schedule on back of flyer):

1. _____
2. ____
3. ____
□ Registration Table □ Raffle Ticket Sales
□ Literature Table □ Skit
□ Campfire □ Wherever needed

□ Talent Show (Participate)

For more information or questions:

Text / Call Dave M 630-235-5895
Visit acafg.org or Email acafgworkshop@gmail.com

\$35 Early Registration – Postmarked by March 15, 2025
\$40 Late Registration – Postmarked after March 15, 2025
\$45 Walk-ins – Friday or Saturday
If you would like to request a scholarship to attend, please email acafgworkshon@gmail.com

Please make check payable to: ACAFG WORKSHOP

Mail to: ACAFG WORKSHOP

PO Box 416, Sandwich, IL 60548

36th AL-ANON ADULT CHILDREN WORKSHOP The Miracle of Looking Within, One Day at a Time, An open weekend for those whose lives have been affected by the family disease of alcoholism

		Brayton-Case (Main Room)	Brown Room	Hanson Room	Stansbury Room	Boehr Room	Cary Room	Johnson Room	Social Activities			
	4:00 PM		Registration begins at 4:00 pm (Kern Lodge Lobby)									
	5:00 PM			DINI	NER served 5:00 -	6:00 pm (Kraft Cen	ter)					
	7:00 PM	Welcome - Daily Readings, Steps, and Announcements (Brayton-Case)										
2	8:00 PM	Main Speaker- Lorena R										
Friday May	9:00 PM	Respecting Boundaries Mine & Theirs	Came to Believe	Handling Conflict	Our Beginnings	Dealing with Anger & Resentments	Self Expression	Meditation				
	10:00 PM	Detachment with Love	Grieving is Healing	Conference Approved Literature in Recovery	AA Meeting	Overextending Ourselves	Self Expression	Meditation	Movie Second Floor Lounge	Campfire Picnic Area		
		Z77777777777777777777										
	7:30 AM	BREAKFAST served 7:30 - 8:30 am (Kraft Center)										
	9:00 AM	Needs, Feelings & Emotions ¹	Sexual Abuse	Steps 1, 2, 3	Newcomers to Al-Anon	Family Relationships ¹	Rock Painting & Coloring	Guided Meditation	Self Care: Take a break, a nap, meditate, journal, go for a walk, explore, or enjoy fellowship in a lounge.			
	10:00 AM	Encouraging & Understanding Our Alcoholics	Sponsorship	Steps 4 & 5	Guilt & Shame	Forgiving Ourselves & Others ¹	Rock Painting & Coloring	Meditation				
	11:00 AM	Adult Children & Food	Awareness, Acceptance & Action	Steps 6 & 7	Sexual Integrity	A Sense of Belonging	Rock Painting & Coloring	Sharing Meditation Experiences				
	12:00 PM	LUNCH served 12:00 - 1:00 pm (Kraft Center)										
3	1:30 PM			Pane	Speakers - The Mi	iracle of Looking W	/ithin					
Saturday May	2:30 PM	Minding my Own Business	Service Speeds Recovery	Steps 8 & 9	Right Here Right Now	H.A.L.T. Hungry, Angry, Lonely, Tired	Expression Through Lyrics	Meditation	Self Care: Take a break, a nap, meditate, journal, go for a walk, explore, or enjoy fellowship in a lounge.			
	3:30 PM	Didn't Cause Can't Control Can't Cure	A Little Time For Myself	Steps 10, 11, 12	AA Meeting	Respect	Guided Journaling	Meditation				
	5:00 PM		DINNER served 5:00 - 6:00 pm (Kraft Center)									
	6:30 PM	(Brayton-Case) Steps, Traditions, Daily Reading, Announcements and Raffle (Must be present to win)										
	7:15 PM	Main Speaker - Fr. Tom W										
	8:30 PM		Prioritizing Our Recovery	Using the Slogans	AA Meeting	I Am Not Alone		Meditation	Self Care: Take a breal nap, meditate, journal, g	journal, go for		
	9:30 PM	No Talent Talent Show	Forgiving Ourselves & Others ²	Family Relationships ²	Needs, Feelings & Emotions ²	Loving Myself - Teddy Bear Mtg ³		Meditation	a walk, explore, or enjoy fellowship in a lounge.			
				ZZZZ	77777777777	<u> </u>						
	7:00 AM			11th Step Medit	ation Hike - Meet at	Registration Desk	In Kern Lod	ge				
	7:30 AM	BREAKFAST served 7:30 - 8:30 am (Kraft Center)										
y 4	8:30 AM	Joy & Laughter	The Miracle of Recovery	Responsible Choices & Decisions	AA Meeting	One Day at A Time	Closed	Meditation		al, go for a walk, y fellowship in a		
Sunday May	9:30 AM	Daily Readings, Steps, Traditions, and Announcements (Brayton-Case)										
day	9:45 AM	Skit (Brayton-Case)										
Ĭű.	10:00 AM	Let Go and Let God - Resentment Roast (Brayton-Case)										
"	10:30 AM	Main Speaker - Marielle S										
	11:30 AM	"Something Special" Giving & Receiving Unconditional Love in a Safe & Trusting Environment										
	12:00 PM	"Amazing Grace", Closing and Open Microphone.										
	12:30 AM	Workshop Ends Safe travels 182: Repeated meetings are Saturday at 9:30 pm 3: Please bring your teddy bear (or stuffed animal) to the Loving Myself - Teddy Rear Meeting										