

# Monday Night How It Works AFG Open Meeting

**Date: March 21, 2022 - 7-8pm CST - In person only**

**Topic: Step Three - Made a decision to turn our will and our lives over to the care of God as we understood Him.**

**Al-Anon Speaker: Betsy M.**

## Reaching for Personal Freedom - pgs 19-24

Stepping out of the way to let the God of our understanding work in our lives is quite often a difficult undertaking. We hold on to our behaviors, perceptions, and attitudes while desperately trying to control our lives of those around us. Surrounded by the chaos of alcoholism, we soon realize our best efforts are failing.

When we become receptive to the guidance of a Power greater than ourselves, the possibilities extend beyond anything we can envision. We are free to understand this Power in any way we choose. We do not need to limit ourselves to traditional ideas of God or concepts that we held in the past.

Once I began to pray for God's will and focus on the word "care" in step Three, I found a God I could trust. I began to open my eyes and be grateful for God's gifts in my life, and to listen for God's still small voice. I did question whether I really mean the words in this Step. Do I truly turn my life and will over to my Higher Power? Or do I say the words and then continue believing I am in charge of my life? Perhaps both are true.

I took Step Three by deciding to do everything that Conference Approved Literature suggested. Members of my home group said that I only needed a tiny bit of willingness to do this, and that it would work whether I believed it would or not. All I needed was to take the actions described in the Steps.

1. How did forcing my will onto others make the situations worse?
2. What have I experienced when I have turned my will and life over to the care of a Higher Power?
3. When have I seen a Higher Power working in the lives of those around me?
4. In what ways do I struggle with giving up my will?
5. What keeps me from surrendering to the God of my understanding?

**Waukesha State Bank  
Community Room  
S69W15273 Janesville Rd  
Muskego, WI 53150**