



# ALATEEN

Help for youth affected  
by someone else's drinking



## What is Alateen?

Alateen is part of the Al-Anon Family Groups. It's a fellowship of young Al-Anon members led by 2 adult members, whose lives have been affected by someone else's drinking.

### They come together to:

- Share their experience, strength & hope with each other
- Discuss their difficulties & encourage each other
- Learn new & effective ways to cope
- Help each other understand the principles of the Al-Anon program

We believe alcoholism is a family disease because it effects all members emotionally and sometimes physically. Although we cannot control or change our family members, we can learn to detach from their problems and continue to love them.

We do not discuss religion or become involved in outside organizations. Our sole purpose is finding solutions to our problems. We are careful to protect the anonymity of all Alateen, Al-Anon and AA members. Alateen group meetings are led by 2 active Al-Anon members, both age 21 or older.

**ALATEEN** Wednesday at 7pm at the Lake Area Club  
N60 W35878 Lake Drive • Oconomowoc, WI 53066