Monday Night How It Works AFG Open Meeting

Date: Dec 20, 2021 - 7-8pm CST - In person only

Topic: Hope

Al-Anon Speaker: Betsy M.

One Day at a Time - PG 94

It is really isn't so hard to believe in miracles in Al-Anon. We see such miraculous changes in people who came as newcomers filled with self-pity and resentment and beset with fears. There may not even have been any improvement in their alcoholic situation at home, but what they learn in Al-Anon makes a tremendous difference in their own outlook. They gain confidence and poise; they come out of their shells and concerns themselves with others in similar trouble.

The first gift a newcomer receives from contact with Al-anon is hope.

- 1. When did I feel my first sign of hope?
- 2. What was my first miracle?
- 3. What actions do I take to bring home into my life?
- 4. How do I pass Hope along?

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