

Monday Night How It Works AFG Open Meeting

Date: Nov 29, 2021 - 7-8pm CST - In person only

Topic: Step 12 - Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.
Al-Anon Speaker: Mike S.

Paths to Recovery Pg: 122

All of us are faced with challenges in life - bereavement, disappointment, and poverty, to name a few. Recovery doesn't protect us from life. It enables us to live more fully and deal with life's problems as they arise. Al-Anon gives us human support, a Higher Power to guide and support us, and Twelve Steps to live by.

Carrying out the actions of the Twelfth Step renews our spirit on a daily basis. Practicing these principles in all our affairs clearly demonstrates to us that the Twelve Steps is a way of life like no other.

1. Have I experienced a spiritual awakening? Describe.
2. What have I received from Al-Anon that I would most like to share?
3. What is the difference between carrying the message and giving advice?
4. What are my principles and how do I apply them to my life?
5. How am I living the message of the program?

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