

Monday Night How It Works AFG Open Meeting

Date: Nov 22, 2021 - 7-8pm CST - In person only

Topic: Step 11 - Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of HIS will for us and the power to carry it out.

Al-Anon Speaker: Steve G.

Paths to Recovery Pg: 113

Seeking, prayer, meditation, improvement, conscious contact, understanding, knowledge, and His will and power are all the gifts of Step Eleven. With newfound energy we are learning to follow God's will. Our faith and competence grow daily as we pray and meditate. There are thousands of paths to a Higher Power and we can choose any one of them. Gratefully, we choose at least one and step out on our continued journey to recovery.

1. Am I willing to try prayer and meditation today?
2. Do I have a special time and place to pray and meditate? What can I do to create one?
3. How have I sought to improve my conscious contact?
4. How have I been mistaken about God's Will?
5. What do I need today to have the power to carry out God's will for me?

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