

Monday Night How It Works AFG Open Meeting

Date: Sept 27, 2021 - 7-8pm CST - In person only

Topic: Step 3 - Made a decision to turn our will and our lives over to the care of God as we understood Him.

Al-Anon Speaker: Edward H.

Paths to Recovery: Page: 30

As in the first two Steps, Step Three can bring about enormous relief, taking the responsibility for our problems and our loved ones off our shoulders. As we grow in the program, we find ourselves returning again and again to these basic principles when faced with new challenges. Step One, Two and Three complete our preparation to begin taking action in our recovery with the Steps that follow. We know that we cannot control everything and everyone in our lives over to the care of God as we understand God is our hope for serenity and peace of mind.

1. What consequences have I had by obsessing on problems or other people?
2. How can I stop myself from taking my will back?
3. What can I do when my loved ones make decisions I don't like?
4. What can I do to try to see others as God sees them?
5. How can I express God's will in my actions and words toward others, including the alcoholic?

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