

Monday Night How It Works AFG Open Meeting

Date: Oct 18, 2021 - 7-8pm CST - In person only

Topic: Step 6- Were entirely ready to have God remove all these defects of character.

Al-Anon Speaker: Amy T.

Paths to Recovery: Page: 65

The key principle of Step Six is readiness. If we believe we re ready but find we are procrastinating, we need to consider each character defect more closely to see what is stopping us. In most cases we can find several factors that block us from being entirely ready. A longtime member of Al-Anon suggests that, by closely reading, studying, and understanding Step Six, some members begin to understand the spiritual basis of this Step. As discussed in Steps, One, Two and Three, we learned that we couldn't handle the disease of alcoholism, we acknowledged that the God of our understanding could, and that we would let Him. Without true unconditional acceptance of Step Three, the action of Step Six is impossible.

1. How do I know if I am ready?
2. Which ones would I prefer to hold on to? What advantages do I see to holding on to them?
3. What defects of character also contain assets?
4. What evidence do I see in my life today of my Higher Power's willingness to help me improve my behavior? How can I do my part?
5. How can I look at all these characteristics from fresh point of view today?

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