

Meeting Date:
Sept 16, 2019

Monday Night How it Works AFG Open Meeting

TOPIC: The world will keep turning, I am responsible to those I serve

DATE: Sept 16th, 7:00 pm

Al-Anon Speaker: Jeri V

Book: Reaching for Personal Freedom, pg 105-106

I believed I was in charge and took over our lives without a thought of how enormously capable my loved ones were. My self-appointed position of "Chief Controller of all things important" now had to stop. People stepped up to the challenge on their own, responsibility, and without a word of advice from me. I learned that when we viewed each other as equals, we were closer, talked more, and became better friends. We grew spiritually. I know now that I don't need to be surrounded by rigid organization in order to feel safe. If I do my part and allow others to do theirs, everything will work out, no matter where I am. The world will keep turning without me be responsible for everything. I have the freedom to relax.

If you trust me with a particular job, whether in my Al-Anon group, my home, or other organizations, they I have the responsibility to you to accomplish the task. I can do it in my own way and in my own time, because you trust me. If someone had that job before me, they can share their experience with me. However, nobody needs to stand over me to make sure that I do it perfectly, or in a certain way. Tradition 9 give me the courage to trust that whatever happens is supposed to happen. My part is to do the best I can, and to be directly responsible to those I serve.

1. **What benefits do I and others receive when we treat each other as equals?**
2. **How does letting go of rigid rules and organization benefit me?**
3. **How does someone's trust in my ability help me to accomplish a job or task?**
4. **When am I accountable to those I serve?**

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For more information: Call 414 688-6884