

Meeting Date:
Jan 28, 2019

Monday Night How it Works AFG Open Meeting

TOPIC: Promise One

DATE: Jan 28, 2019 7pm – 8pm

Al-Anon Speaker: AnnMarie A, Milwaukee

From Survival to Recovery, pg 267-268

If we willingly surrender ourselves to the spiritual discipline of the Twelve Steps, our lives can be transformed. We can become mature, responsible individuals with a great capacity for joy, fulfillment, and wonder.

Responsibility – pg 13 Alateen One day at a time

Sometimes I like to take the easy way out; I do the things I want to do, not the things I have to do. It's more fun to go out with my friends than to do the homework I've been putting off for hours; it's easier to sit around the house instead of doing my chores.

When I feel like doing what I want instead of what I need to do, I'll remember First Things First. If I take the slogan seriously, it will help me to decide what is important. When I've taken care of my responsibilities to myself and to others, I'll have a lot more time to enjoy the things I like to do.

Meeting Place:

Waukesha State Bank

Community Room

S69W15273 Janesville Rd,

Muskego, WI 53150

For more information: Call 414 688-6884